



Burntwood
Regional Health Authority
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H1N1 Flu Virus Staff Update

For Immediate Release:
Contact:

JULY 2, 2009
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H1N1 Flu Bulletin #29

Manitoba Government Press Release – Manitoba Health and Healthy Living is reporting 227 new confirmed cases of H1N1 flu this past week based on positive lab tests reported by Cadham Provincial Laboratory. This brings the Manitoba total to 685 reported laboratory-confirmed cases. Manitoba has reported four H1N1 flu-related deaths.

If you have symptoms of a more severe or serious illness such as shortness of breath, dehydration or severe weakness, then you should seek immediate medical care. If other symptoms such as coughs or fever get worse, you should also see your health-care provider. If serious symptoms appear, get worse or you do not get better as you normally would (within two to three days) you should promptly see your health-care provider even if you have already visited them about your illness. While it has been estimated that the vast majority of the individuals in Manitoba who have been infected with H1N1 have recovered without specific medical care or hospitalization, all people who are experiencing flu-like symptoms should stay home from work and limit contact with others as much as possible to prevent the spread of illness.

If you are experiencing flu-like symptoms and you are concerned that you may need advice or care, do not hesitate to contact your health-care provider, visit your nearest health centre or call Health Links–Info Santé at 788-8200 or 1-888-315-9257 (toll-free). More information about the prevention and care of H1N1 flu is also available on the flu website at www.manitoba.ca.

SUMMARY OF ALL LAB-CONFIRMED H1N1 CASES IN MANITOBA AS OF JUNE 29

RHA (Patient's residence)	Total
Assiniboine	15
Brandon	24
Burntwood/Churchill	147
Central	18
Interlake	38
NOR-MAN	47
North Eastman	50
Parkland	15
South Eastman	10
Winnipeg	321
Total	685