



**Burntwood**  
Regional Health Authority  
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## H1N1 Flu Virus Staff Update

**For Immediate Release:**  
**Contact:**

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### H1N1 Flu Bulletin #33

Manitoba Government Press Release – Manitoba Health and Healthy Living is reporting the death of an adult between the age of 18 and 65 who had a lab-confirmed positive test for H1N1 influenza and other underlying medical conditions. This brings the total number of deaths associated with a lab-confirmed diagnosis of H1N1 influenza to seven in Manitoba.

Manitoba Health and Healthy Living is reporting 24 new confirmed cases of H1N1 flu this past week based on positive lab tests reported from Cadham Provincial Laboratory. This brings the Manitoba total to 855 reported laboratory-confirmed cases.

If you have symptoms of a more severe or serious illness such as shortness of breath, dehydration or severe weakness, you should seek immediate medical care. If other symptoms such as coughs or fever get worse, you should also see your health-care provider. If serious symptoms appear, get worse or you do not get better as you normally would (within two to three days) you should promptly see your health-care provider even if you have already visited them about your illness.

While it has been estimated the vast majority of the individuals in Manitoba who have been infected with H1N1 have recovered without specific medical care or hospitalization, all people who are experiencing flu-like symptoms should stay home from work while they are ill and limit contact with others as much as possible to prevent the spread of illness.

If you are experiencing flu-like symptoms and you are concerned that you may need advice or care, do not hesitate to contact your health-care provider, visit your nearest health centre or call Health Links–Info Santé at 788-8200 or 1-888-315-9257 (toll-free).

More information about the prevention and care of H1N1 flu is available on the flu website at [www.manitoba.ca](http://www.manitoba.ca).